

# Parents: We'd Like Your Help!

*Our program is working on partnering with you to support your relationship with your child's health care provider through the well-child visit. If you have a child 6 years old or younger, please answer a brief set of questions on line before your child's next well-visit. Your answers will help you prepare for the visit and help us make sure we meet the needs of your child and your family.*

You will find the questionnaire here:

**www.WellVisitPlanner.org**

## How it Works:

- ➊ Go to [www.WellVisitPlanner.org](http://www.WellVisitPlanner.org) any time before your child's well-child visit and follow the directions step-by-step. It will take about 10-15 minutes. As you answer the questions, we will give you information based on your responses.
- ➋ After you've answered the questions, you will **receive a personalized Visit Guide** (PDF form). Bring this Visit Guide to your child's next visit.
- ➌ Revisit the site at any time to **get educational information and tips** from national pediatric experts.

**Thank you for partnering with us!**

The screenshot shows the homepage of the Well-Visit Planner website. At the top right, there is a language dropdown menu set to 'English'. The main header features the logo for 'Well-Visit Planner' and the tagline 'Your Child, Your Well-Visit'. Below the header, a central message states: 'Take 10 minutes to get a personalized visit guide for your child's next well-care visit (well-visit)'. This is followed by a bulleted list of benefits: 'EXPLORE key issues and needs important to the health of your child and family', 'LEARN about important topics to discuss with your healthcare provider', 'PICK your top priorities and get educational information before the visit', and 'PARTNER with your child's provider by sharing your personalized visit guide'. A note mentions that the planner is based on national recommendations for parents/guardians of children 4 months to 6 years old. Three main steps are highlighted in green boxes: 'Step 1: Answer a Questionnaire about your child and family', 'Step 2: Pick Your Priorities for what you want to talk or get information about at your child's well-visit', and 'Step 3: Get Your Visit Guide that you and your child's health care provider will use to tailor the visit to your child's family needs'. A privacy notice is present, asking users to review terms and conditions and consent forms, with a 'Get Started' button. Below this, there are two checkboxes: 'I am 18 years old or older. I agree to the Terms and Conditions of the Well-Visit Planner.' and 'My use of the Well-Visit Planner is voluntary.' A large green 'Get Started! Click here' button is prominent, along with a smaller 'Español' button. A small box asks 'Are you a health care provider?' with a 'Click here for more info' link. The footer contains navigation links for Home, About this Web Site, Terms & Conditions, Consent Form, Educational Materials, For Providers, FAQ, and Help, along with the copyright notice '©2014 Oregon Health & Science University'.

# ¡Padres: Nos gustaría su ayuda!

Nuestro programa está trabajando con usted para mejorar las visitas de bienestar de sus niños. Si usted tiene un niño de 6 años o menos, por favor tome unos minutos para contestar algunas preguntas en línea antes de la próxima visita. Sus respuestas le ayudarán a prepararse para la visita y enfocarse en las necesidades de la familia durante la visita de bienestar.

Usted encontrará el cuestionario aquí:

[www.WellVisitPlanner.org](http://www.WellVisitPlanner.org)

## Cómo funciona:

- 1 **Visite [www.WellVisitPlanner.org](http://www.WellVisitPlanner.org)** en cualquier momento antes de la visita de bienestar de su hijo o hija y siga las instrucciones. El cuestionario durará entre 10 y 15 minutos completar.
- 2 Después de que haya respondido a las preguntas, usted recibirá una **Guía de Visita personalizada**. Asegúrese de llevarla consigo a su próxima visita de bienestar.
- 3 Vuelva a visitar el sitio en cualquier momento para **obtener información educativa y consejos** de los expertos nacionales de Pediatría.

**¡Gracias por colaborar con nosotros!**

The screenshot shows the homepage of the Well Visit Planner website. At the top right, there is a language selector set to 'Español'. The main heading is 'Su Niño, Su Visita'. Below this, there is a brief introduction and a list of three steps: 'Paso 1: Conteste la encuesta sobre su hijo y familia', 'Paso 2: Escoja sus prioridades para las cosas de que quisiera hablar o agarrar más información durante la visita a las necesidades de su hijo y la familia.', and 'Paso 3: Agarre su Guía de Visita que usted y el proveedor de salud de su hijo van a usar para modificar la visita a las necesidades de su hijo y la familia.' Each step is accompanied by a small image of a child. At the bottom, there is a 'Comenzar' button and a link to 'English'. A footer contains various links and the copyright notice '©2014 Oregon Health & Science University'.

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The screenshot shows the homepage of the Well Visit Planner website. At the top right, there is a language dropdown menu set to 'English'. The main heading is 'Your Child, Your Well-Visit'. Below this, it states 'The Well-Visit Planner is based on national recommendations for parents/guardians of children 4 months to 6 years old.' There are three main steps outlined: Step 1: Answer a Questionnaire (about your child and family), Step 2: Pick Your Priorities (for what you want to talk or get information about at your child's well-visit), and Step 3: Get Your Visit Guide (that you and your child's health care provider will use to tailor the visit to your child's family needs). A privacy notice states: 'Your privacy is important to us. Please review our terms and conditions and consent form; check each box below and click the Get Started button below.' There are two checkboxes: 'I am 18 years old or older. I agree to the Terms and Conditions of the Well-Visit Planner.' and 'My use of the Well-Visit Planner is voluntary.' Below these are two buttons: 'Get Started! Click here' and 'Español'. A small button on the right asks 'Are you a health care provider? Click here for more info.' At the bottom, there is a footer with links: Home, About this Web Site, Terms & Conditions, Consent Form, Educational Materials, For Providers, FAQ, Help, and a copyright notice for 2014 Oregon Health & Science University.

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- 2 Después de que haya respondido a las preguntas, usted recibirá una **Guía de Visita personalizada**. Asegúrese de llevarla consigo a su próxima visita de bienestar.
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The screenshot shows the homepage of the Well Visit Planner website. At the top right, there is a language selector set to 'Español'. The main heading is 'Su Niño, Su Visita'. Below this, there is a sub-heading 'Tome 10 minutos para familiarizarse con su Guía de Visita para la próxima visita de Bienestar de su hijo. (10 minutos)'. A bulleted list includes: 'EXPLORAR temas importantes y necesidades acerca de la salud de su hijo y su familia.', 'APRENDER sobre temas de discusión antes de su próxima Visita', and 'ASOCIARSE con el doctor de hijo por su compartimento de esta Guía de Visita personalizada.' Below the list, it states 'El Well-Visit Planner se base en recomendaciones nacionales por padres/tutores de niños 4 meses a 6 años de edad.' There are three main steps: 'Paso 1: Conteste la encuesta sobre su hijo y familia' (with a baby image), 'Paso 2: Escoja sus prioridades para las cosas de que quisiera hablar o agarrar más información durante la visita de bienestar de su hijo' (with a child drinking milk image), and 'Paso 3: Agarre su Guía de Visita que usted y el proveedor de salud de su hijo van a usar para modificar la visita a las necesidades de su hijo y la familia.' (with a child playing with blocks image). At the bottom, there is a 'Comenzar' button with 'Haga clic aquí' below it, and a smaller button that says '¿Eres un proveedor de Salud? Haga clic aquí para obtener más información'. There is also a footer with links for 'este Sitio de Web', 'Términos & Condiciones', 'Forma de Consentimiento', 'Materiales Educativos', 'Por Proveedores', and 'Preguntas Comunes', along with the copyright notice '©2014 Oregon Health & Science University'.