

GRAPHIC REPORT RECOMMENDATIONS ROADMAP FOR CALIFORNIA PROPOSITION 64 EXPENDITURES

*Advancing Healing-Centered and Trauma-Informed Approaches to
Promote Individual, Family, and Community Resilience*

*MAY 21, 2019
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Richmond CA*

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Project Team

- Christina Bethell (Grant Principal Investigator) & Kate Powers, CAHMI/JHU
- Stephanie Guinosso & Kelly Whitaker, Education, Training, and Research (ETR)
- Maryann O’Sullivan, Independent Health Policy Consultant to the CAHMI

ADVISORY COMMITTEE





OBJECTIVES

- To share Recommendations Roadmap with policymakers and advocates: Framework, Recommendations, Actions
- To be in the practice of the recommendations as they are shared (relational, healing-centered processes)
- To reflect on and consider local, regional, and statewide opportunities for application and advocacy of the recommendations



AGENDA

11:30	Arrive and Get Lunch
12:00	Welcome, Acknowledgements, Grounding
12:30	Proposition 64 Overview
12:45	Overview of How We Got to Prop 64 Recommendations Roadmap
1:00	Review Recommendations
1:30	Context Setting and Reflection of the War on Drugs: Mapping the Layers of Trauma and Healing
2:45	Bringing the Roadmap and Layers Together
3:45	Closing and Appreciation
4:00	Close

RYSE Center hosted a meeting of the Advisory Committee, who is tasked with developing recommendations for expenditures of California's Proposition 64.

The objectives of the gathering and agenda for the day are shown on this page.



Roadmap for CA Prop. 64 Expenditures —

I came to this work by way of...

WELCOME!

We are here today to discuss recommendations re Prop 64

- realibrate our relationships w/ one another
- what we can do collectively

- seeking a way to accept my own privilege - as a mixed race woman - want to support, uplift POC

- people : places where I grew up - incarceration, drug use as well as professionalism + privilege

- the work came to me - So. side of Chicago - drugs, violence - this is my life's work

- opportunities, privilege, curiosity, love for young people - seeing what happens to young people in the juvenile justice system - make me come alive!

- seeing disparities growing up - wanted to be part of the solution.

- intentional - as well as necessity - seeing lots of drugs - become involved in counseling to help people get out of the cycle - the work is embedded in me

- opportunities/privilege - balance heart : head

- by accident - in legal aid office - w/ parents separated from children - abuse in my family - not separated - yet inequitable

- work on victims of broken systems - we criminalize people because of our systems - I am a survivor

- privilege - doing outdoor education - joked - seeing experiences of families : children - also - come from a law enforcement - keeps me grounded

- parents - saw interplay - drug abuse/economic justice

- informed by my experiences - used to think I stumbled on it - saw inequities - at So. border - wanted to help people.

- grew up in Black/Brown low income community - saw war on drugs first hand (mom) - yet had privilege

- dense history of imperialism, as well as gratitude - w/ material needs met - and spirit of ancestors



- benefited from people impacted by the system - incarcerated w/ immigrant children who didn't have advocates

- found my way into the work - bring humility, humanity

- raised in White culture - realized in high school - wanted to grow beyond that; mother - an alcoholic - trauma - and how to deal w/ it

Kanwarpal Dhaliwal, Co-Founder and Associate Director of RYSE Center, welcomed everyone and grounded everyone on why the convening was organized.

We introduced ourselves to one another by completing the statement, "I came to this work by way of..."

OVERVIEW-

① origination: cannabis tax revenue.

- 1) administrative costs
 - 2) drug research
 - 3) education, prevention, treatment - services
 - 4) environmental restoration.
 - 5) law enforcement
- specific
60% youth fund
\$119 mill
other
20% -
20% -
1st allocation by 6/1 - \$9.1 million
governor's budget - up to legislature

Prop 64 -
DHS -
managing -

\$400-500 mill
annual
allocation
Youth Fund

② estimate - over \$1 billion total

③ allocation - more local -
city/county

concern very few treatment centers
for youth.

concern 20% law enforcement
UCD student looking at this

gov's budget includes
\$ for youth prevention
work

there is some work
w/ LAUSD and it's
awkward



youth programs
prevention +
early intervention - } community
reinvestment

equity
trauma informed care
emphasizing

disparity
inequity

④ AB 1098 - provides framework
for accountability
and legislative oversight
of Youth Fund

★ outcomes for Youth Fund

- reduce mortality
- reduce disparity
- improve education

Sarah-Michael Gaston, Policy Advocate with Youth Forward, presented an overview of Proposition 64 and a summary of the budget and overview of the Youth Fund.

Our Journey

- » **2013 – 2016:** National cross-sector agenda setting collaborative
- » **2016 – 2017:** CA Prop 47 & national policy
- » **Mar 2018:** TCE grant award for Prop 64 and LA County Diversion

- » **Feb – Aug 2018:** Landscape policy scan and best practices review and applied synthesis
- » **Mar – Jun 2018:** Stakeholder interviews, establish Advisory Committee (AC)
- » **July – Aug 2018:** Starting point criteria, framework and approach
- » **Aug-Sept 2018:** Draft recommendations

- » **Sept – Dec 2018:** AC convenings, identify key issues for dialogue, recommendations revisions, secure communications help, secure funding for dissemination forums, prepare GoBiz outreach and related advocacy
- » **Jan – May 2019:** Formatting and finalizing Recommendations Roadmap, GoBiz “training” design & delivery, develop website (www.Prop64Roadmap.org)
- » **Jan – May 2019:** convene AC forums planning team; dissemination and advocacy planning

Christina Bethel, Grant Principal Investigator with CAHMI/Johns Hopkins University, presented an overview of how the proposed recommendations were developed. She also described the recommendation categories.

4 Categories of Recommendations

- » Relationship- and engagement-centered assessment, interventions, and healing
- » Training and capacity building
- » Cross-sector collaboration
- » Learning-centered innovation, measurement and evaluation

Following Christina's presentation we reviewed the recommendations. The recommendations were posted around the room and we took a gallery walk to review the recommendations. We voted for the recommendations that had impact on what we are currently working on and for those recommendations that are important to work on collectively (green dots).

The recommendations and votes are on the next four pages.

RECOMMENDATION 1

1. Relationship & Engagement - Centered Assessments, Interventions, & Healing

Compassionate, dependable, and trustworthy relationships that foster interpersonal and community connections, re-establish healing and well-being as well as a sense of agency in addressing trauma. State depts should require that funded entities

>> 1.1. Prioritize relationships and community engagement as central to any effort

>> 1.2. Recruit and retain staff who reflect and are known to the communities they serve.

>> 1.3. Implement trauma screening and assessment practices that are anchored in relationships and trust, assess resilience and well-being in addition to trauma history, are coordinated across agencies and providers, and used to develop a specific care plan

>> 1.4. Implement evidence-based programming and/or community driven practices that help individuals and communities engage, cope with adversity, heal trauma and thrive.



2. Training & Capacity Building

「a culturally responsive, racially just, healing centered and trauma informed approach also requires adequate and ongoing training and capacity for staff at all levels. State depts should:」

- >> 2.1 Provide ^{add competencies} ~~ongoing~~ training and ongoing coaching and/or consultation on healing centered and trauma informed approaches to state departmental employees who work with trauma-impacted communities or organizations serving these communities.
- >> 2.2 Require that funded entities receive training and ongoing coaching and/or consultation to adopt and implement a healing centered, trauma-informed approach.
- >> 2.3 Support and fund the development and retention of community-based, healing centered and trauma informed workforce by providing job training opps., supporting diversity & inclusion, & addressing barriers to workforce entry for communities most impacted by the War on Drugs.
- >> 2.4 Fund local, comm-based and tribal entities in communities harmed by the war on drugs and provide add'l support to build & maintain infrastructure needed to meet state requirements.
- >> 2.5 Establish a state-level clearinghouse with resources and guidance on healing centered, trauma informed approach.

RECOMMENDATION 3



Cross sector Collaboration

Cross sector collaboration is necessary to facilitate a coordinated response dedicated to healing and ending harm, ensuring health and racial equity as well as continuity of care. Cross-sector collaboration must be guided by local community stakeholders.

State depts should:

- >> 3.1 Conduct an interdepartmental assessment to review how healing centered and trauma informed approaches are currently being used for substance use services.
- >> 3.2 Establish a plan to increase use of these approaches across sectors going forward
- >> 3.3 Require that funded entities collaborate with community members on programs, services, and identification of redundant or missing resources.

RECOMMENDATION 4

Learning Centered Innovation, Measurement and Evaluation

in order to know what is working and where it is working, state departments should:

- >> 4.1 Support data collection and monitoring of county and local-level trauma, resilience, and well being indicators
- >> 4.2 Fund communication platforms and materials that make these data readily available to state and local funders
- >> 4.3. Fund the development of an "inquiry and evaluation model" that focuses on engaging vulnerable clients, centering their stories, and supporting communities to determine their own metrics for success
- >> 4.4 Support funded entities to access, learn, and improve on the implementation of healing centered, trauma informed approach using the inquiry and evaluation model above
- >> 4.5 Establish and fund learning cohorts to develop, evaluate, and share innovative healing approaches.



RECOMMENDATIONS: What did you notice? What did you struggle with?

- parallel between work/life - what would those impacted think/want?
- determine "REQUIRED"
- When are funders involved [2.1]
- Be more long-lasting - do things orgs can't do alone
- building systems where youth are ~~disseminated~~ will take a long time
- transform vs fixing systems -?
- the work is already happening - we don't have to wait for them
- Where is the Stk?
- Where can we collectively have impact?
- Consider: funding community members access to info capacity + infrastructure
- esp-relationships/engagement
- continually ask "who do we serve?"
- LOCAL
- difficult to take off my local hat
- impact: systems will change how they work

A short discussion took place after the voting exercise.

Kanwarpal then reviewed the diagram depicting the interacting Layers of Trauma and Healing (on the following page). She led us in an exercise to have people think about:

- a. What is your family's lived personal experience in the layers?
- b. What can you say about 2-3 generations of your families' experience in the layers?
- c. What feels most important, poignant, tender about your lived experience(s) and legacy in layers?
- d. What is your lived professional experience in the layers?
- e. What can you say about 2-3 professional generations before you in the layers?
- f. In what layers do you spend most of your professional time and efforts?
- g. What is the relationship between your personal and professional experience?

Interacting Layers of Trauma and Healing



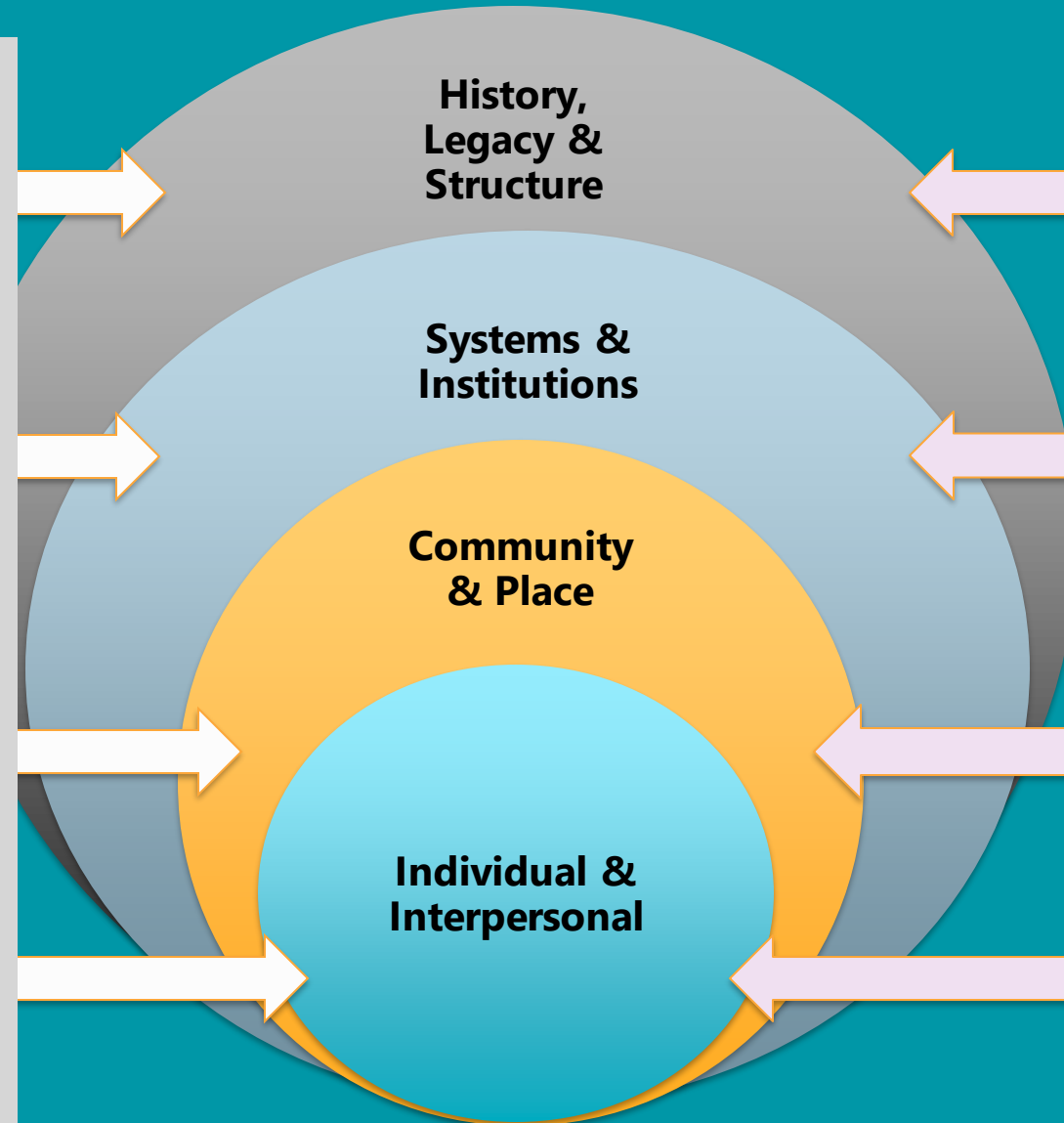
Dehumanization and Distress

Nation Building by Enslavement, Genocide, Colonization, Economic Exploitation, Resource Extraction, White Supremacy, Patriarchy...

Systemic Subjugation of BIPOC by Interacting Policies & Systems: (Capitalism): Broken Treaties, War on Drugs, Mass Incarceration, Criminalization of Poverty & Survival, Anti-Immigrant/Imperialist Policies, Redlining and Housing Policy, Climate Violence, Media Assaults...

Atmospheric Distress that includes Interpersonal, Family, Community Violence & Exposure; Sexual Exploitation/Gender Violence, Displacement, Lack of Safe Passage and Spaces; Lack of Green Spaces, Underinvestment, Oversurveillance...

Embodiment and Expression of Distress through Personal Traumatic Experiences; Bullying/Gender Violence, Family Systems Stressors, ACEs, Shame and Blame, Generational Transmission...



Liberation and Healing

Collective Liberation by Truth & Reconciliation, Reparations, Redistribution, Open Borders/No Borders, Multi-racial Solidarity, Gender Justice, Just Transitions...

Lead with Love and Justice by Healing-Centered & Restorative Practices, Listening Campaigns, Collective Care, Identity Affirming, Adaptive, Responsive, and Proximate, Land and Power-sharing (Nothing about us without us)...

Build Beloved Community by Radical Inquiry, Popular Education and Culture Building, Celebration and Affirmation; Healing Spaces, Land Acknowledgement, Arts & Expression, Base & Power-Building...

Honor Resilience and Fortitude by Listening & Validating, Processing/Integrating Personal Traumatic Experiences, Family Healing, Tailored Supports & Opportunities, Loving Connections To Each Other and The Land; Loving, Predictable Structure...

REFLECTIONS - trauma & healing

▶ recognize the foster system

▶ lead w/ liberation

need to leave people w/ this

▶ add - gentrification

How did it feel?

• difficult - family stuff

• Cumbersome - where to put it all

• startling - how close to slavery we are - brings back reality - there's a lot more work to be done.

• forced me to think about who I am as a Black person - brings back memories of things I've forgotten
anger - I'm pissed

• Blessing + curse not knowing - it begins : ends w/ my mom - I just don't know a lot

• Overwhelmed - liberation : healing vs burden : distress



crossroads - I feel the burden of the tension

"the more is given, the more is required"

• makes me realize how much I don't know - wasn't talked about - emphasis on assimilation I don't know what it was like for my parents/grandparents

• thinking about history : legacy what does this mean for my daughter?

father - too Asian to be white men too white to be Asian become compliant

the fight not to push people away

• difficult seeing all the layers -

in households of POC - lots is hidden - we have to present w/ "everything is good" and we hide trauma

• constant tension how we have to show up - what my parents left behind and expectations they have of us

duality - person who you are and a person others want you to be



have to continually prove yourself

We reflected on how we felt going through the exercise of describing our personal, family and professional experiences in the level. For many, the experience was emotional, difficult and overwhelming because it forced us to think about who we were in the context of the layers of trauma and healing.

REFLECTION - Roadmap/Layers of Trauma

Roadmap Layers

How do we merge?

Think about: what do you need to start, continue, fortify the strategies?

- how to address mental health?
- how to create better communication strategies to support healing?
- how to redefine what M.H. looks like in our communities? EXPAND the notion of what M.H. looks like



Moving the work together...

- Schools : communities first
- Policy Institute: having young people write legislation re incarceration
- Alternative disposition of POC w/ low level crimes
- youth justice, child labor: so many - how to broaden beyond Prop. 64
- opportunity: close juvenile holls
- have these gatherings across the state
- White Accountability Group sat T²

How can I move beyond "Everyone is against us" - those w/ power get beyond the public perception. I don't get it - why are we still having these conversations

the WHY is critical - we are an anomaly here

While corporate power structure is manipulating other white conservative groups - they are fearful

I don't have the patience for it

how do we organize/galvanize what we have? - what does this look like? do we want to play a leadership role around the country

it's easier NOT to

this is a place of privilege - to tackle these issues and privilege is difficult

I ♥ You America

Conversations about understanding - healing based

conversations help us align w/ one another - you can feel the pain : hope - about relationships - engagement



One objective of today's gathering was to model how conversations about trauma and healing are interwoven in our work. The next discussion allowed us to think about that, as well as how we can collectively work on various aspects of the Prop 64 Roadmap.

CLOSING THOUGHTS

- feel burn out
What do we do together to keep this alive?
- feel good-want this to continue
- nice to do this + overwhelmed
Why are we doing this
Annihilation? Want to do concrete work - this is so BIG
- Reflective/appreciative
nice not to talk about the fire
- grateful for the space
Want to engage and find more spaces where I can
- sad-recognize the violence in our systems
want more spaces like this and for this to continue
- Mismatched - overwhelmed, reflective hearing in Sacramento
- I am here
The reason for being
- Excited + Pain-hope
this continues so I can continue
- tired, humbled, grateful -
this work is catalytic can disrupt systems
- Grateful - want to work on recommendations
- thankful - I have lots to digest and feel the urgency especially for kids separated from parents
- Thank you, Kamuraj + RYSE.
the exercise pissed me off - to think about history, friends, family experiences, religion, etc.
The WHY - they don't care and it goes back centuries - anger has to fuel us!
- tired, grateful-hope
I can provide updates on the Youth Fund
- great to hear conversations I haven't heard before
Reminds me that people don't always understand
Appreciate that this is movement building
Would like to package this for teachers, others
- appreciative of deep truth I heard today - how to get in front of the right people
- tired + wired
sometimes we need to be annihilated to win: building new relationships

Why...
are we talking about
annihilation...
this is what we
want

2 pgs



Want clarity on the vision - what it is



Inquiry ???
this is an interesting group
I have energy for the work - where's the map?

lived experience policy

A fish is swimming along one day when another fish comes up and says
"hey-bro is the water?"
The first fish stares back blankly at the second fish and then says
"what's water?"



We shared closing thoughts to end of the day. Feelings of gratitude, tiredness, reflection, excited and sadness were expressed. People were in agreement that they would like to see discussions like these continue as we move forward with the work on Proposition 64.