GRAPHIC REPORT
RECOMMENDATIONS ROADMAP
FOR CALIFORNIA PROPOSITION 64
EXPENDITURES

Advancing Healing-Centered and Trauma-Informed Approaches to
Promote Individual, Family, and Community Resilience

MAY 21, 2019
RYSE CENTER
Richmond CA
Project Team

- Christina Bethell (Grant Principal Investigator) & Kate Powers, CAHMI/JHU
- Stephanie Guinosso & Kelly Whitaker, Education, Training, and Research (ETR)
- Maryann O’Sullivan, Independent Health Policy Consultant to the CAHMI
OBJECTIVES

- To share Recommendations Roadmap with policymakers and advocates: Framework, Recommendations, Actions
- To be in the practice of the recommendations as they are shared (relational, healing-centered processes)
- To reflect on and consider local, regional, and statewide opportunities for application and advocacy of the recommendations

AGENDA

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>11:30</td>
<td>Arrive and Get Lunch</td>
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<tr>
<td>12:00</td>
<td>Welcome, Acknowledgements, Grounding</td>
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<tr>
<td>12:30</td>
<td>Proposition 64 Overview</td>
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<tr>
<td>12:45</td>
<td>Overview of How We Got to Prop 64 Recommendations Roadmap</td>
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<tr>
<td>1:00</td>
<td>Review Recommendations</td>
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<tr>
<td>1:30</td>
<td>Context Setting and Reflection of the War on Drugs: Mapping the Layers of Trauma and Healing</td>
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<tr>
<td>2:45</td>
<td>Bringing the Roadmap and Layers Together</td>
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<td>3:45</td>
<td>Closing and Appreciation</td>
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<tr>
<td>4:00</td>
<td>Close</td>
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RYSE Center hosted a meeting of the Advisory Committee, who is tasked with developing recommendations for expenditures of California’s Proposition 64. The objectives of the gathering and agenda for the day are shown on this page.
Kanwarpal Dhaliwal, Co-Founder and Associate Director of RYSE Center, welcomed everyone and grounded everyone on why the convening was organized.

We introduced ourselves to one another by completing the statement, “I came to this work by way of…”
Sarah-Michael Gaston, Policy Advocate with Youth Forward, presented an overview of Proposition 64 and a summary of the budget and overview of the Youth Fund.
Christina Bethel, Grant Principal Investigator with CAHMI/Johns Hopkins University, presented an overview of how the proposed recommendations were developed. She also described the recommendation categories.
4 Categories of Recommendations

» Relationship- and engagement-centered assessment, interventions, and healing
» Training and capacity building
» Cross-sector collaboration
» Learning-centered innovation, measurement and evaluation

Following Christina’s presentation we reviewed the recommendations. The recommendations were posted around the room and we took a gallery walk to review the recommendations. We voted for the recommendations that had impact on what we are currently working on and for those recommendations that are important to work on collectively (green dots).

The recommendations and votes are on the next four pages.
1. Relationship & Engagement – Centered Assessments, Interventions, & Healing

- Compassionate, dependable, and trustworthy relationships that foster interpersonal and community connections, re-establish healing and well-being as well as a sense of agency in addressing trauma. State departments should require that funded entities...

  \[ \Rightarrow \text{1.1. Prioritize relationships and community engagement as central to any effort} \]

  \[ \Rightarrow \text{1.2. Recruit and retain staff who reflect and are known to the communities they serve.} \]

  \[ \Rightarrow \text{1.3. Implement trauma screening and assessment practices that are anchored in relationships and trust; assess resilience and well being in addition to trauma history, are coordinated across agencies and providers, and used to develop a specific care plan} \]

  \[ \Rightarrow \text{1.4. Implement evidence-based programming and/or community-driven practices that help individuals and communities engage, cope with adversity, heal trauma, and thrive.} \]
2. Training & Capacity Building

a. Culturally responsive, racially just, healing centered and trauma informed approach also requires adequate and ongoing training and capacity for staff at all levels. State agencies should:

   2.1 Provide training and ongoing coaching and/or consultation on healing-centered and trauma-informed approaches to state departmental employees who work with trauma-impacted communities or organizations serving these communities.

   2.2 Require that funded entities receive training and ongoing coaching and/or consultation to adapt and implement a healing-centered, trauma-informed approach.

   2.3 Support and fund the development and retention of community-based, healing-centered and trauma-informed workforce by providing job training opps, supporting diversity, inclusion, and addressing barriers to improve entry for communities most impacted by the War on Drugs.

   2.4 Fund local community-based and tribal entities in communities targeted by the War on Drugs and provide added support to build and maintain infrastructure needed to meet State requirements.

   2.5 Establish a state-level clearinghouse with resources and guidance on healing centered, trauma informed approach.
Cross-sector Collaboration

Cross sector collaboration is necessary to facilitate a coordinated response dedicated to healing and ending harm, ensuring health and racial equity as well as continuity of care. Cross-sector collaboration must be guided by local community stakeholders.

State departments should:

3.1 Conduct an interdepartmental assessment to review how healing centered and trauma-informed approaches are currently being used for substance use services.

3.2 Establish a plan to increase use of these approaches across sectors going forward.

3.3 Require that funded entities collaborate with community members on programs, services, and identification of redundant or missing resources.
Learning Centered Innovation, Measurement and Evaluation

in order to know what is working and where it is working, state departments should:

- 4.1. Support data collection and monitoring of county and local-level trauma, resilience, and well-being indicators

- 4.2. Fund communication platforms and materials that make these data readily available to state and local funders

- 4.3. Fund the development of an “inquiry and evaluation model” that focuses on engaging vulnerable clients, centering their stories and supporting communities to determine their own metrics for success

- 4.4. Support funded entities to access, learn, and improve on the implementation of healing centered, trauma-informed approach using the inquiry and evaluation model above

- 4.5. Establish and fund learning cohorts to develop, evaluate, and share innovative healing approaches
A short discussion took place after the voting exercise.
Kanwarpal then reviewed the diagram depicting the interacting Layers of Trauma and Healing (on the following page). She led us in an exercise to have people think about:

a. What is your family’s lived personal experience in the layers?

b. What can you say about 2-3 generations of your families’ experience in the layers?

c. What feels most important, poignant, tender about your lived experience(s) and legacy in layers?

d. What is your lived professional experience in the layers?

e. What can you say about 2-3 professional generations before you in the layers?

f. In what layers do you spend most of your professional time and efforts?

g. What is the relationship between your personal and professional experience?
Interacting Layers of Trauma and Healing

Dehumanization and Distress

**Nation Building** by Enslavement, Genocide, Colonization, Economic Exploitation, Resource Extraction, White Supremacy, Patriarchy...

**Systemic Subjugation of BIPOC** by Interacting Policies & Systems: (Capitalism): Broken Treaties, War on Drugs, Mass Incarceration, Criminalization of Poverty & Survival, Anti-Immigrant/Imperialist Policies, Redlining and Housing Policy, Climate Violence, Media Assaults...

**Atmospheric Distress** that includes Interpersonal, Family, Community Violence & Exposure; Sexual Exploitation/Gender Violence, Displacement, Lack of Safe Passage and Spaces; Lack of Green Spaces, Underinvestment, Oversurveillance...

**Embodiment and Expression of Distress** through Personal Traumatic Experiences; Bullying/Gender Violence, Family Systems Stressors, ACEs, Shame and Blame, Generational Transmission...

Liberation and Healing

**Collective Liberation** by Truth & Reconciliation, Reparations, Redistribution, Open Borders/No Borders, Multi-racial Solidarity, Gender Justice, Just Transitions...

**Lead with Love and Justice** by Healing-Centered & Restorative Practices, Listening Campaigns, Collective Care, Identity Affirming, Adaptive, Responsive, and Proximate, Land and Power-sharing (Nothing about us without us)...

**Build Beloved Community** by Radical Inquiry, Popular Education and Culture Building, Celebration and Affirmation; Healing Spaces, Land Acknowledgement, Arts & Expression, Base & Power-Building...

**Honor Resilience and Fortitude** by Listening & Validating, Processing/Integrating Personal Traumatic Experiences, Family Healing, Tailored Supports & Opportunities, Loving Connections To Each Other and The Land; Loving, Predictable Structure...

RYSE, 2019
We reflected on how we felt going through the exercise of describing our personal, family and professional experiences in the level. For many, the experience was emotional, difficult and overwhelming because it forced us to think about who we were in the context of the layers of trauma and healing.
One objective of today’s gathering was to model how conversations about trauma and healing are interwoven in our work. The next discussion allowed us to think about that, as well as how we can collectively work on various aspects of the Prop 64 Roadmap.
We shared closing thoughts to end of the day. Feelings of gratitude, tiredness, reflection, excited and sadness were expressed. People were in agreement that they would like to see discussions like these continue as we move forward with the work on Proposition 64.