Complementary and Alternative Medicine (CAM) categories (Grouping A)

- Acupuncture
- Ayurveda
- Biofeedback
- Chelation
- Chiropractic or osteopathic manipulation
- Craniosacral therapy
- Energy healing therapy
- Hypnosis
- Massage therapy
- Movement therapies:
  - Feldenkrais
  - Alexander technique
  - Pilates
  - Trager psychophysical integration
- Naturopathy
- Traditional healers:
  - Native American healer/ Medicine man
  - Shaman
  - Curandero, Machi or Parchero
  - Yerbero or Hierbista
  - Sobador
  - Huesero

- Herbal or other non-vitamin supplements
- Vitamins/minerals
- Special diets:
  - Vegetarian
  - Macrobiotic
  - Atkins
  - Pritikin
  - Ornish
- Homeopathic treatment

- Movement therapies:
  - Feldenkrais
  - Alexander technique
  - Pilates
  - Trager psychophysical integration
- Special diets:
  - Vegetarian
  - Macrobiotic
  - Atkins
  - Pritikin
  - Ornish
- Yoga
- Tai chi
- Qi Gong
- Meditation (Mantra, mindfulness, spiritual)
- Guided imagery
- Progressive relaxation
Complementary and Alternative Medicine (CAM) categories (Grouping B)  

Alternative medical system/Energy healing therapies
- Acupuncture
- Ayurveda
- Homeopathic treatment
- Naturopathy
- Traditional healers:
  - Native American healer or Medicine man
  - Shaman
  - Curandero, Machi or Parchero
  - Yerbero or Hierbista
  - Sobador
  - Huesero
- Energy healing therapy

Biologically-based therapies
- Chelation
- Herbal or other non-vitamin supplements
- Vitamins/minerals
- Special diets:
  - Vegetarian
  - Macrobiotic
  - Atkins
  - Pritikin
  - Ornish

Manipulative and body based therapies
- Chiropractic or osteopathic manipulation
- Massage therapy
- Craniosacral therapy
- Movement or exercise techniques:
  - Feldenkrais
  - Alexander technique
  - Pilates
  - Trager psychophysical integration

Mind-body therapies
- Biofeedback
- Hypnosis
- Meditation (Mantra, mindfulness, spiritual)
- Guided imagery
- Progressive relaxation
- Yoga
- Tai chi
- Qi Gong

Note: Energy healing therapy is combined with Alternative Medical System due to small sample size